
FROSHAY FINE ART CLASSES

ABSTRACT MIXED MEDIA WORKSHOP SUPPLIES

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These supplies will allow you to play with textures and techniques. As you master them, you can begin using them within your fine art paintings.

When I list specific brands or type of product, I do so because cheaper brands will only cause you grief – believe me. Some don't work at all for these workshops. You will be using most of these supplies for each of ArtEFFECTS workshops you attend. To understand which supplies you will need for a specific workshop please give me a call at (949) 551-1987.

Several Flat SYNTHETIC Brush Sizes:

- 1"
- 2"
- 3"
- 4"

Do NOT buy Bristle brushes as they become floppy in water



Purchase good Artist Brushes – NOT house painting brushes from a hardware store. Artist brushes will come to a sharp chisel edge and house painting brushes remain bushy and uncontrollable. Trust me on this!

The Liquitex Paddle Brushes are my favorite and the BEST acrylic brushes I've found. Try to get at least a 1" and a 3". They aren't a necessity, but I guarantee that when you try them, you'll want them all! You can get them from Dick Blick.

SURFACES:

You may end up using one or all of these in any given workshop.

- A few sheets of **student grade watercolor paper**
Usually comes in a pad (approx 8"x10" size)
- 2 or 3 Stretched Canvas** (11"x14" or 12"x16" – approx. size)
(DON'T buy 'Artist's Loft' brand from Michael's – they are BAD quality, saggy and won't hold the weight of mixed-media)
- Cold Pressed Illustration Board**
Buy 1 sheet and cut it down into several roughly 8x10 inch pieces

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Acrylic MEDIUMS

Call for which of these mediums you'll need for each workshop.
You won't need them all.
16 oz size or larger (473 ml)

- Liquitex brand Gloss Gel Medium **
- Liquitex brand Light Modeling Paste **
- Liquitex brand Matte Gel Medium
- Liquitex brand Pouring Medium
- Golden brand Soft Gel (semi gloss)
- Clear Gesso



** These two items are required for every workshop

LIQUID ACRYLIC Paints

Avoid Tube acrylics. Purchase colors you like in any of these listed. You can buy a mixture of brands.

- Golden Liquid Acrylics
- Liquitex Acrylic Inks
- Crafters Acrylics (eg: Ceramcoat, FolkArt, Apple Barrel)
- 2-3 Metallic Colors (in any of these brands)



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Miscellaneous Supplies

- Indoor Slippers** or Flip flops
The studio has a 'shoes-off' policy so most students bring either a pair of slippers (in winter), or a pair of flip flops for indoor use. You are welcome to be barefoot or wear socks as well.
- Metal 'Trowel style' Painting Knife** (NOT plastic)
- Graphite Pencil**
- Colored Pencils** (a few colors)
- Markers** (a few colors)
- 1 Black Sharpie**
- Freezer Paper**
- Elmer's white glue**
Only Elmer's brand – not the washable school glue though
- Water Bottle** with water for drinking
- Bag** for carrying your supplies (anything that works for you)
- Apron** or wear old shirt over clothes



For Texture:

- Small Packets of Small Flat Seeds** (Bring 1 or more)
Examples: Chives, Flax, Celery, Quinoa, Amaranthe...
- 2-3 Tbsps. Coffee Grounds**
- 2-3 Tbsps. Clean Sand**
- 2-3 Tbsps. Kosher Salt**
- 2-4 oz. Rubbing Alcohol**
- 2 Tbsps. Liquid Dishwashing Soap**
- Roll of Plastic Wrap**
- Eye Dropper**
- Craft Knife**
- Tile Sponge** (the kind that stays soft when it's dry)
- Old Toothbrush**



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Collect a few of these:

- Magazine Images scrap
- Photographs
- Old Book Pages scrap
- Patterned Paper scraps
- Textured Wall Paper scraps
- Laserjet Photocopies Prints of images you like
These have to be photocopies (or laserjet prints) and NOT inkjet prints from an inkjet printer as inkjet will smear and run
- Newspaper images you like
- Old Watercolor painting scraps



Extra:

Choose whatever you want to bring from the list below. You don't need to bring everything, just some of these things — but the more you have, the more fun your projects will be. The idea is to bring a variety of materials and textures to add to your pieces. Whatever you can find!

- Cheese Cloth
- Loose weave Burlap pieces
- Loose weave Fabric pieces (optional)
- Small jar Vaseline
- Small Dishwasher Rinse Aid
- Kite String
- Ventilation Tape
- Clear Packing Tape (wide)
- Aluminum Foil pieces
- Clear Con-Tact brand Paper
Get GOOD quality, no 'dollar' brands!
- Small piece of Canning Wax
- White Wrapping Tissue pieces
- 2-3 Paper Coffee Cup Sleeves
(From Starbuck's, Seattle's, Peet's all have different textures)



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- Spray Bottle & Misting Bottle
(Different kinds will give you different types of spray)
- Scissors
- 2 Large Water Containers (small buckets)
- 5-10 Toothpicks
- Roll of Paper Towels
- Old Hand Towel
- 100% Cotton T-Shirt rag cut into pieces
- Unscented Baby Wipes (small pkg)
- Small Plastic Mixing Cups (eg: used fruit or instant pudding cups)
- Small sheet Wet/Dry Sandpaper
- Small sheet Fine Sandpaper
- Clean/dry Egg Shells
- 1 Drinking Straw
- 2-3 Stirring Straws (coffee stirrers)
- 2-3 Coffee Stir Sticks (Starbucks sticks)
- Painter's Tape (any color)



Optional Supplies

If you have any of these, feel free to bring them. You don't have to go out and purchase them, but they'll make your experience more fun.

- | | |
|---|---|
| <input type="checkbox"/> Hair Combs
<i>(afro comb, baby comb, rat-tail – the more different ones you find the more textures you can make!)</i> | <input type="checkbox"/> Frayed Cotton Fabric scraps |
| <input type="checkbox"/> Rubber Stamps | <input type="checkbox"/> Buttons, Flat Beads, Found Treasures |
| <input type="checkbox"/> Stencils | <input type="checkbox"/> Silk Leaves |
| <input type="checkbox"/> Texture Plates | <input type="checkbox"/> Embroidery Floss pieces |
| <input type="checkbox"/> Paper Punches | <input type="checkbox"/> Colored Thread pieces |
| <input type="checkbox"/> Craft Texture Sissors | <input type="checkbox"/> Specialty Yarn pieces |
| <input type="checkbox"/> Tacky Carpet Mesh | <input type="checkbox"/> Lace pieces |
| <input type="checkbox"/> Bubble Wrap | <input type="checkbox"/> Confetti |
| | <input type="checkbox"/> Chalk Pastels (a few colors) |
| | <input type="checkbox"/> Powdered Mediums (a few colors) |
| | <input type="checkbox"/> Gold and or Silver Marker Pens |

If you have any questions as you are shopping, feel free to call me:

(949) 551-1987